



SLACK USER GUIDE

FREQUENTLY ASKED QUESTIONS

WHAT IS SLACK?

Slack is a single place for messaging, tools and files. There are two methods of chat in Slack - channels (group chat), and direct message or DM (person-to-person chat). See Slack User Guide for more info!

FREQUENTLY ASKED QUESTIONS

I've never used Slack...will there be some kind of tutorial to help me get started?

Definitely! We developed a User Guide to answer most if not all of your questions, and we're always here to help if you run into problems!

I like the Gym Squad FB group! Will that be going away?

The Gym Squad group will be replaced by a Seattle Slack channel—you'll get all the same information via Slack, plus some more fun content as well! We like the Gym Squad page, but so many of our members (and coaches) are opting out of Facebook for various reasons that they're missing information and interaction. We want to use a more neutral platform to have important (and lighthearted) conversations!

I read the emails but don't pay attention to the Facebook group or social media—will I miss anything if I don't join Slack?

All important notices and news will continue to go out via email! You might miss spur-of-the-moment social events or fun interactions if you don't join Slack, but that's it! We suggest you check out Instagram for a lot of cool content as well—even though they're owned by the same company (Facebook), we haven't seen the same level of creepy chicanery in ads/content/politics on this platform.

What kind of Slack channels will Strive & Uplift have?

We've created different Slack channels for different communities (physical locations, specific services, and fun!).

- You'll be automatically added to the "#welcome" Channel and will opt into any other public channels that you want to participate in.
- You can also set notifications for channels you care most about, and turn off ones that you just want to check in with every once in a while (See User Guide)
- We'll also be using Slack's Direct Message feature to have off-to-the-side conversations about topics when necessary!
- We're open to creating more channels if necessary (or if it sounds fun) - we're starting simple so we can all get used to using this method of communicating!

I use Slack and am not a big fan of how groups I'm a part of interact on the platform. Are there any guidelines around how S&U Slack is used?

Yes! We've drafted up Community Guidelines to help us have productive and respectful conversations! We want to make sure our Slack interactions are a reflection of our mission and values, and we'll be monitoring all our channels to make sure those guidelines are being followed! You'll see them when you check out our User Guide, along with other great info about how we want to use Slack in our community!